

# THE TABLE

A QUARTERLY NEWSLETTER FOR THE FRIENDS  
AND MEMBERS OF ROSEVILLE LUTHERAN CHURCH

**JUNE • JULY • AUGUST • 2017** CELEBRATING 75 YEARS!

This past year my family and I began the all-too-familiar ritual of taking our oldest daughter on college visits. We have traveled both far and near and are eager to see where she applies. Visiting these college campuses is exciting and watching my daughter explore her opportunities has made me a bit nostalgic for my own college days. My husband I are both graduates of Luther College – an ELCA College nestled in the valley of Decorah, Iowa. It was at Luther I was introduced to the phrase *Soli Deo Gloria*. This motto was most apparent during the month of December when the words were alit on a building facing the campus center. The phrase comes from the Latin which means “To God alone be the Glory” and it seemed appropriate that it lit our dark, wintry campus nights as we prepared for the birth of Christ.

As I have grown older, however, I have come to realize that this isn’t just a motto, but, indeed, a way of life. *Soli Deo Gloria* isn’t just a nice Christmas greeting – it’s a bold statement about the important role God plays in the life of God’s people.

Adopting a motto and living by what that motto implies are two entirely different things. Claiming to be a follower of Christ and actually following Christ is as different as being a visitor to a country and a citizen of that land. The visitor can roam around, snap a few pictures, taste the cuisine and take in the sites, but eventually that visitor leaves and goes home. The citizen, on the other hand, has roots that burrow deep into the soil of his or her native country and unlike the visitor has an obligation to see that the place they call home flourishes and succeeds.

*Soli Deo Gloria*, “to God alone be the glory,” changes everything about how we live our lives and reminds us to whom we should give thanks. What this means for us as Christians is that we have a role in proclaiming and living the word of God each and every day. The words I write, the things I say, the tasks that I accomplish, the gifts that are given to me and those I give – they are all a proclamation that I am not a visitor in God’s creation, but an active participant in the building up and continued care of all that God has given me.

What *Soli Deo Gloria* means for the person who attempts to live their life with their eyes on the task and their ears tuned to the guiding of the Holy Spirit is that they have decided to live their lives at a level that acknowledges that it is the Holy Spirit who guides and leads their life. It then follows that if it is the Holy Spirit who leads and guides then it should be the Holy Spirit who gets all the credit for anything good that comes out of our life.

## SOLI DEO GLORIA

The ministries at Roseville Lutheran are a proclamation of these same words.

- As we come together this fall to celebrate our 75th Anniversary, we are doing so with the proclamation that all we have to celebrate has been given to us by God.
- In our strategic planning we seek to continue this wonderful and life-giving message.
- In our giving we acknowledge all of the blessings that we have received and in our thankfulness give back with joyful thanksgiving.
- In our worship we declare God’s presence and keeping; we taste of God’s forgiveness and mercy as we share in Holy Communion, and we sing praises and proclamations.

I encourage you to read more about the ministries you, as a member of Roseville Lutheran, support and encourage in this issue of The Table. There are many ways that we, as fellow Christians, are proclaiming God’s glory and our participating in proclaiming his love and grace. I invite you to get involved at our Annual Meeting on Sunday, June 25 and hear more about our ministry. I ask you to consider the gifts that have been given to you and the ways in which you respond in thanks.

In the summer months I would encourage you to look at your work, home, and family life from the perspective of God leading and guiding, and see what difference it means to you and those around you. Make a conscious effort to recognize that you live your life not for yourself, but for God. Make an extra effort to recognize that it is God who has given you everything you possess – your home, your family, your job, your life – and see the difference it makes in how you feel about all of those things God has given.

Once *Soli Deo Gloria* becomes a way of life for the follower of Jesus Christ you’ll never want to go back and live your life just for yourself. It is only when Jesus Christ is at the helm of our life that our life is going to feel complete and worthwhile.

***Soli Deo Gloria!***  
See you in church!



Lauren J. Wrightsman  
Senior Pastor



### Annual Meeting Set for June 25

Join us at 12:10 pm in the Worship Center.

Proposed agenda:

1. Opening Prayer
2. Review of Meeting Rules
3. Approval of Prior Year’s Minutes
4. Congregational Vote to Extend a Call to Abby Matter as Deacon
5. Election of Lay Leaders
6. President’s Report
7. President-Elect’s Report
8. Budget Proposal and Vote
9. Report of Election Results
10. Closing Prayer

As a member of RLC, please plan to attend and be involved in this important meeting where we elect the future leadership, discuss budgeting for future resource allocations, and vote on that budget. There will also be an opportunity for additional questions and comments at the end of the meeting.



summer  
WORSHIP  
SCHEDULE  
**SUNDAYS at  
9:00 & 11:00 am**  
NO Saturday Worship

**SUMMER 2017 WORSHIP SCHEDULE**  
9:00 am Sunday: Traditional • 11:00 am Sunday: Praise and Worship

# Nominations

This is listing of the nominees that will be voted on at our June 25 Annual Meeting. Their comments are abbreviated here, for full comments see the Annual Report or go to [RosevilleLutheran.org/nominations](http://RosevilleLutheran.org/nominations).

## MIKE DOLAN

### Council Vice President Candidate

**Member for:** 8 years.

**Hopes and dreams:** My prayer is for continued, vibrant growth in our congregation, where members play an active role in our church and shared faith. I pray we can share our love of God within our congregation and further express love of our neighbors in the community.



## TOM LUND

### Council Candidate

**Member for:** 43 years.

**Hopes and dreams:** I would like RLC to become known as a welcoming environment for anyone looking for a church home. I would like to see a congregation whose members not only attend worship services but are enthusiastically engaged in church activities. I would like us to grow not only in numbers but also in our humanity.



## JESSICA HENRY

### Council Candidate

**Member for:** 30 years.

**Hopes and dreams:** My hope for our faith community at RLC is that we continue to grow in our relationships with one another and become an even more vibrant and welcoming place for all people who seek to know God.



## BETH JACOBSON

### Council Candidate

**Member for:** 15 years.

**Hopes and dreams:** What I enjoy most about RLC is that I never know what kind of joy-filled encounter one might have, whether it's working alongside a committee member midweek, meeting parents of

our youth during coffee hour, or a spontaneous conversation with a brilliant 5th grader. This gives me hope for RLC's continued meaning in the lives of members and the local and global community. I hope to see RLC continue to grow in transformational giving and gratitude and anticipate what spiritual direction God is leading us, be it to strengthen our current ministries and/or find bold ways to bridge our ministry gaps to serve all.



## KJ BACH

### Endowment Committee Candidate

**Member for:** 41 years.

**Hopes and dreams:** God gives each of us so many blessings in our lives. I see RLC continuing to grow the opportunities and provide encouragement to all who come through its doors to share their time, treasures and talents with others within our church and our community. This needs to be a key component to living life in a church community and beyond. I want others to have the same 'family feeling' that I have received through my many years at RLC. It is often said 'the more I give, the more I receive' and within RLC that is most certainly true!



## JULIE CANNON

### Endowment Committee Candidate

**Member for:** 4 years.

**Hopes and dreams:** My hope for RLC is that the youth program can stay strong and provide a place for teenagers that feels welcoming to all.



## TRICIA SMEDSRUD

### Endowment Committee Candidate

**Member for:** 20 years.

**Hopes and dreams:** RLC has great leaders, staff and members. I look forward to continue to be a part of the RLC community and serving our wonderful God.



## KEVIN HANSEN

### Nominating Committee Candidate

**Member for:** 10 years.

**Hopes and dreams:** Quite simply, my hope for Roseville Lutheran is that it is a place that leads people into a growing relationship with Christ. It doesn't matter whether we are just becoming familiar with Jesus or if we have been life-long members of a church or somewhere in between, the Church should be a place that provides opportunities for everyone, no matter where we are in our faith walk.



## WINSLOW GRANDSTAND

### Nominating Committee Candidate

**Member for:** 7 years.

**Hopes and dreams:** I perceive RLC as a place for me to meet my spiritual needs, a church that works to train our young people how to live a Christian life and to provide them with experiences and opportunities to develop Christian friends and experiences. Also, a place for the rest of us to support these young people, to support all our members in developing strong Christian lives and provide us with support as needs arise. And a place to develop friends.



## NICK BOULTON

### Nominating Committee Candidate

**Member for:** 3 years.

**Hopes and dreams:** Expanding growth in the community, sharing of faith, and continuing the supportive congregation that currently exists.

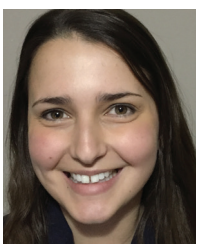


## LILLIAN ELDRED

### Youth and Family Ministry Chair Candidate

**Member for:** 21 years.

**Hopes and dreams:** I see God leading our congregation toward being a safe and welcoming community in which many people in our neighborhood and beyond join together in worship, learning, and fellowship.



# RLC Lay Leaders and Staff

## Pastors

Lauren Wrightsman, Senior Pastor  
Sara Spohr, Associate Pastor  
Dick Carlson, Visitation Pastor

## Hospitality Ministry

Connie Marchio, Hospitality Manager  
Colleen Hopple, Hospitality Assistant

## Music Ministry

John Helgen, Director  
Martha Mutch, Organist  
Maddie Giordana, Music Associate  
Kristina Olson, Youth Choir  
Ariel Wilberg, Children's Choir  
Lori Haaland, Handbell Choirs

## Children's Ministry

Julie Hanson, Director of Children's Ministry  
Tammy Heiple, PMO, Nursery Coordinator

## Student Ministry

Michael Jordan, Director of Youth Ministry  
Abby Matter, Director of Faith Formation

## Facilities Ministry

Stephen Henry, Campus Manager  
Arlen Rystrom, Building Engineer  
Shelton Ingram, Custodian  
Mary Jo Shaumberg, Custodian  
Donovan Whitfield, Custodian  
Jessica Hunt, Facilities

## Ministry Support Staff

Dave Booms, Church Administrator  
Laurel Hofeldt, Director of Finance and Data  
Daniel Pederson, Communications Manager  
Kay Berthiaume, Financial Assistant  
Diane Daulton, Financial Assistant  
Tammy Swanson, Financial Assistant  
Trish Clifford, Administrative Assistant

## RLC Preschool

Jenifer Johnson, Director

## Child Care House

Sue Menier, Director  
Shyama Dahal, Assistant

## Endowment Committee

KJ Bach, Chair

## Nominating Committee

Mike McGregor, Co-Chair  
Chris Smedsrud, Co-Chair

## Congregation Council

Sara Mohn, President  
Jeff Johnson, President-Elect  
John Shardlow, Vice President  
Vanessa Anderson  
Georgia Nygaard  
Jake Von de Linde  
Keith Gilbert  
Joe Zeigler  
Darci Bontrager

## Ministry Team Chairs

Gena Mickley, Children's Ministry Advisory Board  
Marlaine Maahs, Youth & Family  
Jim Maahs, Youth & Family  
Mary Erickson, Adult Education  
Jane Lagerquist, Christian LIFE Co-Chair  
Janet Risinger, Christian LIFE Co-Chair  
Dave Tetzlaff, Mission & Outreach

# RLC NEWS AND NOTES

## GOD'S WORK AMONG US

SARA MOHN, CONGREGATIONAL PRESIDENT

By the time this edition of The Table is in your hands, the late April blast of wintry weather will be a distant memory and the sweetness of summer will be within our grasp. We will also be preparing to wrap up another year packed with ministry, outreach, and growth in our faith.

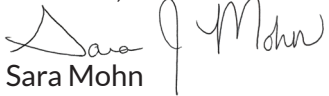
It has been a joy to feel the traction beneath our feet as we have moved firmly out of our time of transition and fully embraced our mission to serve and share the joy of Christ's love. Our Christian Life ministry team packed the year with opportunities for fellowship including a night of swing dancing and an outing to the Minneapolis Institute of Arts. The fun won't stop in the summer and plans include a trip to a Saints baseball game in St. Paul. We also came together as a family this year in service to build dressers for Bridging, make sandwiches for the homeless, and pack one million meals in partnership with Incarnation Lutheran Church. A steadfast group of adults tutor at a community elementary school. Our confirmation kids shared time together on a retreat and a new class of ninth graders confirmed the baptismal promises made on their behalf. Our youth team has a summer packed with rich opportunities at Vacation Bible School, camping, and a mission trip. Two students from Slovakia will again join our senior high youth for a month, building relationships and bridges. Our 10:10 sessions have again provided enlightening sessions for adults. And all of this is just a peek at the ministry our congregation generates!

As your lay leadership team prepares to wrap up our fiscal year and plan for next year's budget, the hope that was palpable on Easter morning leads our way. This spring we have been coming to you in worship and communicating our current financial needs. Our goal has been honest and necessary conversation. Our giving trends still match societal trends and lag behind our budget. We have asked you to step up with additional gifts and we are grateful that many of you have responded generously. Jeff Johnson has worked with Laurel and will propose a budget for our 2017-18 fiscal year that will need us to increase our investment in our ministries. We are planting important seeds for our future that are essential for us not only to sustain our ministry, but grow it with vitality. Please plan to attend our family meeting, also known as our **Annual Meeting, on Sunday, June 25, after the 11:00 worship**. It's an important time for conversation and we'd love to have your voice part of it.

As we anticipate summer, we also can look further ahead. Excitement is building for next fall as we mark a significant milestone in our history and celebrate our 75th anniversary. Plans are in the works for meaningful events that pay tribute to our past and look forward to our future. Our strategic planning committee is also continuing to meet to solidify our plans for that future. I was fortunate to join this group for a morning of sharing visions for RLC's future. It was inspiring to imagine building on so many strengths within our congregation. Count on hearing more as they seek your input on our path.

It has been a joy to serve on the executive team these past three years and I can truly say I am more excited than ever about the work God is doing among us and through us. My prayers are that my enthusiasm is contagious and that even more of you are inspired to deepen your engagement in our life together at RLC.

In Christ,



Sara Mohn

## FOOD FOR THOUGHT

DICK CARLSON, VISITATION PASTOR

The focus of Visitation Ministry at Roseville Lutheran Church is carried on in an intentional way through a Care Team and a Spiritual Team.

The Care Team is primarily focused on task orientated needs and friendly visits with members of RLC needing assistance and support. This may include transportation, light household chores or yard work, shopping assistance and support for family and caregivers.

The intention and focus of the Spiritual Team is to bring Communion, Scripture and prayer on a regular schedule to people who are not able to come to the Worship Services at RLC.

Presently we have 23 people on the Care Team and 7 people on the Spiritual Team who are in touch with 35 fellow members who are in care centers, assisted living facilities or homes.

The model for this ministry is the person of Jesus himself, the true son of the Father and in him the fullness of God dwells. All knowledge of God resides in him; all the glory of God remains in him; all the power of God belongs to him. His unity with the Father is so intimate and so complete that to see Jesus is to see the Father.

In the heart of God and in Jesus is compassion. The word compassion is derived from the Latin words *pati* and *cum*, which together mean "to suffer with." Compassion asks us to come together in a mutual vulnerability. To be present to the other with a mind and heart that is unfilled - open to really listen, to hear, receive and respond. Compassion means full immersion in the condition of being human and honest recognition of our human sameness, allowing us participate in the care of God who came not to take our pain away but to share it and give us new Life! Through this participation we can open our hearts to each other and create a new community of prayer and care for the Other.

We are invited to become like God and show the same compassion to others as God shows us. Each of us is a son and daughter of the compassionate Father. With this relationship as God's children we are heirs, heirs with God and joint heirs with Christ to share in his sufferings and his glory. We are called to step into the Father's place and offer to others the same compassion God has offered us. God has created us to live with God and created us for communion with each other. God has not chosen to work alone, but enlists us to tell and show the world what God has done and shall do. God in Jesus says: "Follow Me."

If you know of someone in our congregation that is in a situation where support is needed, please contact one of the pastors or the church office.



Pastor Dick Carlson

Pastor Dick Carlson

## REMEMBER + REJOICE

CELEBRATING THE  
75TH ANNIVERSARY OF  
ROSEVILLE LUTHERAN CHURCH

### REMEMBER + REJOICE

In 1943, 13 faithful people of Rose Township gathered to teach their children about God and His amazing love. Through their insight and perseverance we still gather at the church they started...Roseville Lutheran Church. This fall we will celebrate and REMEMBER the past 75 years through pictures, displays, and interviews through the decades, and REJOICE in where God is leading us.

### REMEMBER 75 YEARS THROUGH THE DECADES

Beginning September 30 with a Swing Dance event and the following seven weekends, we'll highlight a decade of RLC's history. The RLC Jazz will be on deck for worship Oct. 1-2. Ken Medema will join in on our celebration with a concert on Oct. 14. The women's octet En Gang Til (Norwegian for 'One More Time') will be coming together for Oct. 21-22 worship music. Stayed tuned for more special events!

### SAVE THE DATE

**November 19, 2017 is our gala celebration with ONE WORSHIP SERVICE at 10:00 am.** Then join your fellow worshippers in a meal to continue sharing the stories of your gathering at RLC.

REMEMBER and REJOICE in the 75 years of Roseville Lutheran Church... and share in all that God has done in our church, our community and our world through the hands and feet of those gone before us...and by YOU!



## WIDOWS' GROUP

The Rose Enkas widows' group from RLC and the community provides support and fellowship at area restaurants. All widows are welcome to join. Call Kay Shurson at 651-766-6930 or Lori Bergman at 651-635-9563 for more information.

**Saturday, June 17 at 11:30 am**  
Olive Garden - 1525 W. County Road C, Roseville

**Saturday, July 15 at 11:30 am**  
Gulden's Restaurant - 2999 Highway 61  
(between Co. Rd. D and Beam Avenue)  
Maplewood, MN

**Saturday, August 19 at 11:30 am**  
House of Wong - 1163 Larpenteur, Roseville, MN

# LIFE EVENTS • MUSIC • MORE!

## ST. PAUL SAINTS GAME

LIFE EVENT - JUNE 22, 7:00 PM

Roseville Lutheran Church is joining St. Timothy Lutheran Church for the St. Paul Saints' Toilet Paper Drive game on Thursday, June 22, at 7:00 pm.

We have reserved 30 tickets for RLC. The Saints will be playing Winnipeg at CHS Field in downtown St. Paul. Those who attend are asked to bring a pack of four or more rolls of toilet paper to the game. The toilet paper will be collected at the entrance when you arrive and then donated to Second Harvest. (Toilet paper is a very popular item at local food shelves as folks who receive food stamps can only purchase food with that money.)

Tickets are \$14 for adults or \$13 for youth 12 years old and under.

Our seats will be in Section 102 on the 1st base side. Sign up online or with Trish in the church office. **The deadline to purchase tickets is Monday, May 22.** Tickets will be distributed in June prior to June 22.



## QUILTING GROUP

NO NEED TO SEW IN 50-YEAR-OLD GROUP

Many talents are required to create hundreds of quilts and pillows donated each year by the Wednesday quilting group. It has been in existence for some 50 years. The 12-15 volunteers are always looking for others to join them in the basement Heritage Hall located below the church preschool on Ryan Avenue.

While several volunteers insert yarn ties to bind three layers of fabric together, others stuff decorative pillows to accompany the quilts. The group donates to nursing homes, Bridging, Lutheran World Relief and even the Animal Humane Society. Leader Muriel Anderson counted 27 cat blankets donated to the Humane Society on Jan. 20 large and 9 children's quilts donated on Feb. 9, and 15 children's quilts and 3 large ones to Bridging on Feb. 22.

Bridging, a 501(c)(3) nonprofit organization serving the greater Twin Cities, is the largest furniture and household goods bank in the United States. It has furnished more than 80,000 homes since 1987. Lutheran World Relief welcomes and resettles thousands of refugees referred by the United Nations Refugee Agency (UNHCR) to the United States each year. It also provides disaster response in other countries.

Treasurer Ardis Zantek and Virginia Cronin note that people who don't sew can sort yarn, stuff pillows, iron fabric, organize supplies, serve treats and clean up afterwards. All volunteers are welcome, and some even sew at home. The group meets weekly except for December.



## HYMN SING AT OL' MEXICO

LIFE EVENT - AUGUST 16, 6:30-10:00 PM

Join us for a delicious and unforgettable combination: Mexican hospitality and Lutheran hymns!

Enjoy the sounds of our very own John "Juan" Helgen while harmonizing to some favorite hymns, including songs from the 11:00 hour, too!

Come early! Our party room is reserved from 5:00 - 10:00 pm. (Food specials are 4:00 - 6:00 pm. Food or drinks purchased in the party room apply towards rental minimum. The hymn sing itself is scheduled from 6:30 until 9:00 pm. No pre-registration necessary. Come for all or part of the evening.

Ol' Mexico is located at 1754 Lexington Ave. N. in Roseville. Email Jane Lagerquist at [atjglager@gmail.com](mailto:atjglager@gmail.com) if you have any questions.



## MUSIC NOTES

JOHN HELGEN, DIRECTOR OF MUSIC MINISTRY

### Thanks to our musicians!

Thanks to all the many and varied musicians of RLC for all their dedication and good work in our worship presentations all year long, and especially from Ash Wednesday through Easter Sunday: Saturday and Sunday worship, Ash Wednesday, Wednesday mid-week services, Palm Sunday, Maundy Thursday, Good Friday, Easter Vigil, and our Easter Sunday celebrations - a total of about 50 worship services! During this time period, music was presented and led by ensembles comprising over 125 musicians - Senior Choir, Children's Choir, Brass Ensemble, Jubilate Bell Choir, Bells of Praise, Youth Bells, Praise and Worship Group, Praise and Worship Combo, Acoustic Band, Youth Band, as well as cantors, soloists and other ensembles. Thanks as well to the music staff for all their good work: Maddie Giordana, Martha Mutch, Lori Haaland, Kristina Olson, and Ariel Wilberg.



### Sign Up Now for Summer Music - Musicians Needed!

Summer is a great time to share your musical gifts with your RLC family and friends. Most of the RLC choirs and ensembles will be taking a well-deserved break from regular rehearsing and performing, therefore vocal and instrumental solos and ensembles are needed for use in worship services starting in June. Call your friends, comrades, co-workers, neighbors, acquaintances, and family members, and make a plan! Check available dates with John Helgen at 651-288-4236 or [jhelgen@rosevillelutheran.org](mailto:jhelgen@rosevillelutheran.org)



# CHILDREN, YOUTH and FAMILIES

## ABBY MATTER, CANDIDATE FOR DEACON



**At our annual meeting on Sunday, June 25, we will be voting to call Abby Matter as a Deacon, serving with us in ministry at Roseville Lutheran Church.**

Abby has worked at Roseville Lutheran since 2014. After graduating from Valparaiso University in 2014 with a degree in Social Work, Abby began her work with us as an intern while beginning course work for a Master of Arts at Luther Seminary. A year ago Abby moved into a full time role at Roseville Lutheran as the Director of Faith Formation. She works most closely with 5th-8th graders, but has a passion for ministry that shapes and shares the faith with people of all ages. Abby graduated from Luther Seminary in May, she has been approved by the ELCA as a candidate for Deacon, and we are excited to officially call her to serve as a Deacon with us.

### How will being commissioned as a Deacon impact your understanding of ministry?

Being commissioned as a Deacon has changed my understanding of ministry completely. My ministry, as a social worker, was simply to help people, to help those who for whatever reason were not capable of helping themselves. But once I got to Luther and went through this process, ministry became so much more. It became about relationships, community, planting seeds of faith and questions, lots and lots of questions. My ministry or calling was no longer about putting Band-Aids over wounds so deep you thought they may never heal, but rather teaching about a God who is with you wherever you go. A God who is bigger than everything that has happened or ever will come in the future. A God that promises to be with you on your journey no matter how many questions you ask or how many times you doubt. So my final answer is everything. Being commissioned as a Deacon impacted my understanding of ministry in every way. While I hope I help people in this ministry, it will simply be a byproduct of the relationships I build in this community while planting seeds of faith and answering questions.

## PRESCHOOL ENRICHMENT CLASSES ARE COMING THIS FALL TO RLC PRESCHOOL

Does your child like SCIENCE EXPERIMENTS? Or would they like to learn how to DANCE?

If so, Preschool Children (ages 3 and 4 by Sept. 2017) are invited to join us for Enrichment Classes on Mondays and Tuesdays starting in the Fall of 2017. Preschool Students enrolled at RLC Preschool can extend their day by bringing their lunch and attending one or both of the enrichment classes in the afternoons from 12:45 - 3:15 pm.



### CREATION STATION

**Mondays, Sept. 18 - Dec. 11, led by Lori Kristiansen**

Does your child ask "Why?" a lot - or "How does that work?" - or "What would happen if we tried this?" Creation Station is a class where your child can explore these questions, create "cool stuff," and learn about many amazing things in the world that they live in. Students will discover many awesome things about science through their play, experiments, books, and art. Encourage your child to come and get answers to those questions, and maybe they will find more questions to ask. They are invited to join in the fun!



### SPIRITED FEET DANCE & MARVELOUS MUSIC

**Tuesdays, Sept. 19 - Dec. 12, led by Jen Johnson & Spirited Feet**

Come tap your toes, clap your hands, and dance to the rhythm of the music. Students will explore different types of music, and learn how to dance ballet and tap. We will have a guest teacher come in from Spirited Feet, who will be teaching ballet & tap to Christian music.

Spirited Feet honors Christ through dance. We strive to provide quality dance instruction within a non-competitive, Christian dance environment that is fun, enthusiastic and wholesome for all of our dancers. Our choreography, class exercises and movements help maintain an art that is honoring and pleasing to the Lord. Dancers who register with us for the first time will receive a yellow t-shirt. A limited supply of ballet and tap shoes are available to borrow for free through Spirited Feet's Shoes for Sharing program. Please email Miss Heidi at [dance@spiritedfeet.com](mailto:dance@spiritedfeet.com) if you are interested in borrowing dance shoes for your dancer for the duration of the session. We look forward to a fantastic fall dance session!



### LUNCH BUNCH

If your child is doing an extended day, they will need to bring a cold lunch. Plus there is an additional cost of \$5/lunchtime to cover cost of supervision and activities for that hour from 11:45 am - 12:45 pm (\$60 total/12 week session) We will offer a 20% lunch discount for children who register for both enrichment classes.

### COSTS FOR CLASS(ES)

- One class - \$75/month (3 payments) or \$225.00 total for the 12 week session
- Two classes - \$110/month (3 payments) or \$330.00 total for the 12 week sessions

### REGISTER TODAY!

Please go to [rosevillelutheran.org/ages-and-stages/rlc-preschool](http://rosevillelutheran.org/ages-and-stages/rlc-preschool) to download the Pre-K Enrichment Class Registration Form and return the completed form with \$50 (non-refundable) registration fee\* to Roseville Lutheran Church Preschool, 1215 Roselawn Ave. W., Roseville, MN 55113. \*If you are currently enrolled in the preschool for 2017-18 your registration fee will be waived.

We are still enrolling for our regular morning preschool classes for 2017-18. Please contact our Preschool Director, Jenifer Johnson, for more information and to set up a tour at 651-488-6887. You can also find the registration forms at [rosevillelutheran.org/ages-and-stages/rlc-preschool](http://rosevillelutheran.org/ages-and-stages/rlc-preschool).

# YOUTH MINISTRY

## SUMMER TRIP PRAYER PARTNERS

SIGN UP IN THE COMMONS TODAY!

Please consider partnering in prayer with our youth again this summer. Over 150 of our youth and families will be attending RLC's various summer camps and mission trips. Being a prayer partner is really simple. Pick a youth and write your name next to them on the sign-up sheet. Repeat this for as many youth as you wish to pray for. Then during the week they are on their trip with RLC, pray for that youth so that they may have a wonderful, safe, Christ-filled week! Sign-ups as well as information on our trips are available in the Commons to pray for our youth. You can stay up-to-date with all of our trips by following RLC Youth on Facebook, Twitter, and Instagram.

## SUMMER TRIPS AND EVENTS

FAITH, FELLOWSHIP and service await!

Summer is an exciting time for RLC Youth. We have almost completely filled all five of our trips this summer! As a youth staff, we look forward to spending time with so many youth as we grow in faith and fellowship through service, Bible studies, and just being present with one another in God's awesome creation.

RLC will be able to hosting two Slovak students during the month of July. Thank you the Bontrager and Maahs families for hosting our two Slovaks: Nerea Hidalgo and Izabela Palesova. These two Slovak students will join us on our Mission Trip to Idaho as well as our Boundary Waters trip. Please read their introductions below.

To help all of our youth meet them and spend time together, we will be hosting several youth events over the summer. Parents should be watching their email inboxes for details.

## IZABELA AND NEREA

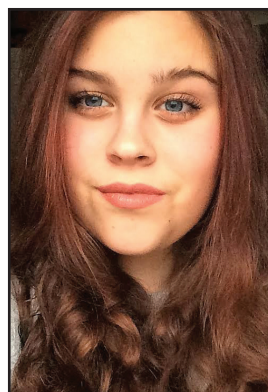
MEET OUR TWO SLOVAKS

My name is **Izabela Palesova**, I'm 17 years old, and I have no siblings. I live in the small town of Martin, where I go to Lutheran Academy. I really like my school. My school offers students many great opportunities such as studying in English, travel abroad, many school events and this Summer Exchange Program. I applied for the Summer Exchange Program even though I have been to the United States before. I love traveling; I travel a lot and I have visited many places and countries, but the United States was the best experience. I'm so excited to go to the USA again. In the future I would like to study there or get a Green Card. My goal is to visit every single state of the US. I can't wait to visit some new places in the US and meet my host family and their friends. I have many hobbies and activities that I love to do. I am a Hip-Hop dancer, I love music, I love traveling and my biggest passion is gym and sport. I try to keep fit so I often visit our local gym or I have my trainings that are really hard but it is worth it. I go to the gym three or four times a week. When I was younger I used to play soccer because my dad was a soccer trainer and he used to play soccer for a Youth Slovak representation. I also played floor-ball and my biggest success was a silver medal on European championship. The other thing I really like to do is spending time with my friends. I'm a talkative and sociable person. I like making new friends and I'm sure I will have hundreds of new friends this summer. I'm so excited that I have been chosen by our school's team and I am so thankful to them. I'm so happy and excited being part of a real American family for a month. I really can't wait to meet to all of you. I think that this summer is going to be the best summer. And the other thing I'm excited about is that I hope that Emma Bontrager and her mom will come and visit me and my family for the next summer.



Hello my name is **Nerea Hidalgo** and I am 16 years old. I live in Martin with my family. My family consists of four people, my 12 year old little sister and my parents. I am currently studying at Lutheran Academy in Martin.

I was born in Spain and I have lived there until the age of four then my family and I moved to Slovakia, to Nové Zámky. We lived there for four years, and then we moved to the south of Spain. We lived there just for a year. By the end of that year we moved back to Slovakia. We moved back to the same place we were before. I went to school there for four years and then we moved again. This time we moved to Martin and we have lived here since then. Through all of those traveling years, the thirst for adventure and new memories has stayed in me like if it was a part of me now. I love going on road trips, hikes, and adventures. My all-time hobbies are swimming, playing soccer, and all types of sports. I swam for 11 years but I do not anymore because of school. My other activity which I enjoy includes my family. In my family there is a kind of tradition or maybe we just share the same taste I do not know, but we all play or at least we all know how to kick a ball into the goal. Another thing that I enjoy so much is hanging out with my friends and family. I am very excited to meet you all and I hope that we will get along.



## A GREAT YEAR OF LEADERSHIP

As we send our prayers for and encouragement to the graduating class of 2017, it is amazing to reflect on all that happened this past year. There were countless volunteers of youth and adults that helped make youth ministry successful. A special thanks to the Youth Leadership Team: Emma Bontrager, Regan Caswell, Klara Johnson, Olivia Schultz, Liam Traynor, Karl Zuppan, and Kirsten Zuppan for planning and leading FLOCK throughout the year. For a full account and recap of this year, be sure to check out the Annual Report.

## CONFIRMATION WRAP UP AND THANK YOU!



Confirmation 2017-2018 has been a year of changes: new curriculum, new large group format, new retreats. We split large group in two putting 7th and 8th graders in the Great Hall and 9th graders in the Lounge which allowed us to teach two different lessons each night that met students where they were at. Ninth graders then had the opportunity to dig deeper into their faith and ask tough questions while 7th and 8th graders learned about what confirmation is and how God plays a role in their life.

We also added Confirmation retreats to our program. In October, a group of 7th and 8th grade students and their small group leaders headed to Camp Wapo in Amery, Wisconsin, for a weekend of faith development and fellowship. It was a fun filled, high energy weekend of learning and team building that we cannot wait to do again next year. We also plan to do an Urban Immersion Retreat in Minneapolis for 9th grade students next year. This will give students a chance to experience the many issues contributing to poverty, to serve those affected and to take what they learn and address the issues in their own community.

All and all, it was a wonderful year that ended with 33 students celebrating their faith journey and affirming their baptism. I cannot wait to see what God and the Holy Spirit have in store for next year but whatever it is, we are ready to embrace it. I want to say a big thank you to all the amazing middle school ministry volunteers that made this year happen from Sunday morning Luther League and Devos & Donuts to Wednesday night Confirmation. We appreciate the time and dedication you have given to our youth, to walk alongside them planting seeds of faith and helping nurture those seeds so they continue to grow. We couldn't do it without you!

summer  
WORSHIP  
SCHEDULE

SUNDAYS at  
9:00 & 11:00 am  
NO Saturday Worship

# CHILDREN'S MINISTRY

## CORNERSTONE WRAP-UP

JULIE HANSON,  
DIRECTOR CHILDREN'S MINISTRY

It's hard to believe that our Cornerstone year has come to an end! The kids and leaders have enjoyed their time together each Sunday morning. Relationships are being built between kids and their Shepherds, and all are building a stronger relationship with God and his son Jesus!



Large Group in our Cornerstone Preschool area was so much fun! We included parents with the kids this year so the adults in their lives knew the songs and story we were presenting each week. Families could go home and talk about the lessons and sing together to carry God's message throughout the week! The little ones need that reinforcement!

Our 2 year old room was new and fun with parents and kids together the whole hour. After Large Group together, the parents and their 2 year old met to hear the story again. While the kids would play or do a craft with our youth Shepherds, the parents could talk about various topics. The purpose of this group was twofold- getting to know other parents of 2 year olds, and also learn about ways to infuse faith and God's love into what you are already doing with your little one. It was a great group, and we had some great discussions in addition to welcoming a new little sister into the fold!

Kindergarten-4th graders learned the same lesson that was introduced in Worship. By hearing this story in Cornerstone, then during Storytime in Worship, and a third time in the sermon, the kids could definitely have something to talk about with their parents on the car ride home, or during dinnertime!



Large Group for our K-6th graders added humor and real life situations to the lesson the kids learned. Roger and Kent, our puppet friends, and the crew were fun to listen to and made our stories relevant. Look for even more creativity and fun next year as we expand our Large Group team to include other characters.

The last day of Cornerstone this year was May 21. Thank you for sharing your children with us each Sunday! We have the privilege of introducing God's love and life lessons to these young people, and it is a pleasure!

## DOES YOUR SUMMER INCLUDE VBS @ RLC?

VACATION BIBLE SCHOOL IS JUNE 12-16. REGISTER TODAY!

**Maker Fun Factory is the best week of the summer!**

- New Friends • Amazing experiments
- Creative games • Lip-smacking snacks
- Surprising adventures • Incredible music

June 12-16 from 9-noon will be rocking at RLC! Register online today to get your child into a small group. All kids ages 3 through completion of 4th grade are welcome... invite your friends! Cost is \$20 per child.

At Maker Fun Factory, kids discover that God made them—and for a purpose! Kids participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, devour yummy treats, experience one-of-a-kind Bible adventures, and test out Sciency-Fun Gizmos. Plus, kids will learn to look for evidence of God all around them through something called God Sightings. Hope to see you at VBS@RLC! Go to [RosevilleLutheran.org](http://RosevilleLutheran.org) Click on Children's Ministry and then Summer Opportunities.



## CAMP SALIE - REGISTER NOW!

A LOT OF FUN PACKED INTO TWO DAYS! JULY 11-13

We offer an opportunity in July for kids completing grades 2-4 to experience camping for the first time in a setting that is close to home, north of the Twin Cities, near Wyoming MN. Up to 15 boys and 15 girls are welcome to enjoy bible study, devotions, crafts, music, campfires, and great food together with RLC youth counselors and adults. A rewarding "first experience" for the kids! Camp Sallie will be on July 11-13 (meeting at Camp Salie at 6:00 on July 11, and finish at 5:00 on July 13 to accommodate parents and their work schedules). Cost is \$100 per camper. To register and get more information, go to the RLC website, under the Children tab, Summer Opportunities. We have a few spots left - invite a friend and enjoy this fun together! **Registration must be received by July 1.**



## SUMMER OPPORTUNITIES

The summer offers time and opportunity to get projects done! We have those kinds of projects planned in Children's Ministry to get ready for programming in the fall. We need to clean some spaces up, do some painting, organize space and make some of the areas more appealing! If you are willing to share your time this summer, please contact Julie Hanson at [jhanson@rosevillelutheran.org](mailto:jhanson@rosevillelutheran.org)

## CORNERSTONE VOLUNTEERS ARE AWESOME - YOU CAN BE, TOO!

A big Thank You to the over 50 people that share their time and talent with the kids of RLC on Sunday mornings! We have a dedicated group of people that serve as small group leaders, music leaders, large group presenters and puppeteers, administrative team, etc. Their dedication and commitment is admirable. This team makes our ministry on Sunday morning possible!

If you want to JUMP IN and help us next fall, please contact Julie Hanson. The prep is easy and the time spent with the kids is immeasurable! There are few ministry opportunities that allow you to impact the future is such a direct way. When you love and teach kids on Sunday, you are influencing generations to come. These kids will one day become parents and church leaders themselves. If you want to change the world long-term, then you should serve in Children's Ministry! You can help in other ways like prepping supplies or helping with special events too. Contact Julie Hanson and learn more about sharing your time with the kids of RLC! Julie is happy to share the joy this opportunity gives!



## SAVE THE DATE!

Look for Cornerstone registration online beginning August 1. Cornerstone will return with Small Group fun and friends on Sunday, September 10 at 10:00 am. See you there!

# STEWARDSHIP

## STEWARDSHIP STORY

GEORGIA NYGAARD

### Why am I a sustaining giver at RLC?

I am a sustaining giver because God said we are to love our neighbor as ourselves. I want to share this quotation with you. "Love is all we have; the only way that each can help the other."

Therefore, being a sustaining giver means that I strive to give my offering each month on a regular and routine basis. It is the routine of giving to the church that helps RLC financially – it literally pay the bills. For me personally, giving my offering on a regular basis is a discipline that helps me appreciate the abundance that God continually provides. He sustains us.

One of the 1st commandments in the Bible is to love God as he has 1st loved us AND to love our neighbor as ourselves. This is a simple message, but not so easy to follow. I hesitate to admit it, but I like nice things and I like to shop; however, I will never forget what the minister that confirmed me said in one of his sermons. He said, "What is foremost in your mind; What you think about Most is really your God." This was poignant for me. So the idea of giving to the church regularly and routinely has helped me in trying to love my neighbor as myself.

### What is the importance of sustaining RLC's ministry?

RLC is a community of faith and our mission is to share the gospel of Jesus Christ here at home and abroad. RLC has many wonderful programs for our members and for people in the community. This is a way of teaching, learning and enriching one another through God's grace. This is an essential part of our ministry.

Without financial support from all of us, programs would have to be cut and we would be missing the opportunity to share God's love with each other here and within the greater community.

### What is your message to other church members about becoming sustaining givers?

As we celebrate the 75th anniversary of RLC, we are grateful to the members that came before us to lead the way in establishing this church through their generosity of spirit and generosity of giving to the church.

Those that came before us have laid the foundational structure through their spiritual perseverance to make RLC the church that it is today.

The real secret to giving is gratitude – gratitude for our rich heritage at RLC, gratitude for our current dedicated Pastors, staff and lay leaders here at RLC and gratitude for the gift of abundance that God provides daily.

This motivation to give back to RLC comes from a generous heart and produces the desire to become regular sustaining givers and faithful financial stewards. It also fulfills the duties and obligations of church membership. I cannot emphasize enough that as church members, we have the duty and obligation to support the church financially.

As a church council, we want to encourage the giving of our offering on a regular basis. Whether the gifts are large or small, it is the regular routine giving that we encourage you to do. You can give through whatever method that is comfortable for you. Some individuals like giving their offering online, others prefer more traditional methods. It is your offering given regularly that will help RLC to sustain its spiritual presence in our community. It will help us better serve and love our neighbor.

I'd like to close with a quote from St. Augustine that sums up what I am trying to say. It is titled, "Love."

LOVE

*What does love look like?*

*It has the hands to help others.*

*It has the feet to hasten to the poor & needy*

*It has eyes to see misery and want*

*It has the ears to hear the sighs & sorrows of mankind*

*That is what love looks like.*



## AN EDUCATION IN STEWARDSHIP

GREG JOHNSON, STEWARDSHIP COMMITTEE

As the Stewardship Committee continues to evolve in scope and focus, one of the goals we have added to our plate, is that of stewardship education. Stewardship is about so much more than simply giving money to the church. And that is why we feel ongoing education centered around the many different aspects of stewardship is an important feature to offer as part of the overall Stewardship program at RLC.

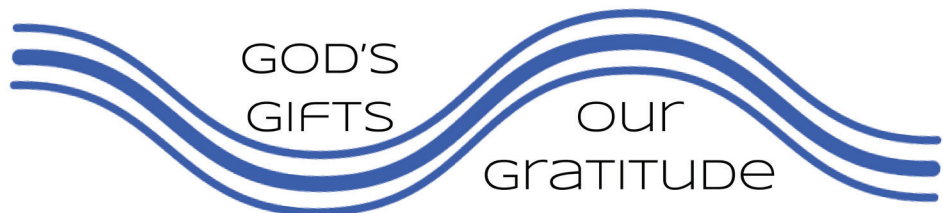
Our first foray into stewardship education was a 4 part series entitled "More Than Money Matters," which was held earlier this year. This interactive workshop focused on aligning money management with values. Topics included goal setting, budgeting, finding money to save for your goals, and how credit and debt impact your financial well-being. There were a total of 16 individuals that participated in at least one of the sessions, with many attending all 4. Here are a few of the comments made at the conclusion of the class. "Excellent class, very good use of time!", "Very thorough and informative!", "Motivated me to make and manage my own balanced spending plan".

Working in partnership with the Adult Ed committee, we offered another series of classes in April and May with an emphasis on "The Stewardship of Life." The focus here was on personal and spiritual wellness, using our gifts and strengths, and aligning our values and finances.

As we continue to look to the future, we plan to offer multiple types of stewardship classes ranging from basic money management to legacy planning. As you look to grow your own personal stewardship, we hope you will consider attending one or more of these classes when offered.



## RLC STEWARDSHIP



## YOUR (EXTRA) GIFT IS NEEDED

KEITH GILBERT, STEWARDSHIP COMMITTEE

At the current rate of giving, we expect offerings to fall short of projections for fiscal year ending June 30. As of May 15, the anticipated deficit is \$25,000.

Our leadership has carefully managed expenses and programs, having spent under budget overall. The shortfall is due to lower-than-projected congregational giving. Without your support, we will need to make tough choices that will impact our ministries.

Your help is needed to keep RLC strong and able to share God's word in our community. Do you typically give \$250/year to RLC? Consider giving an extra gift of \$25. Do you give \$5000/year? Consider an extra gift of \$500. If all of our sustaining givers – who give regularly online and through the offering plate – contribute an extra gift this way, we will finish the year on strong footing. If you have never given before, this is a great time to start!

Support the Sow>Grow>Give campaign right now! Visit [rosevillelutheran.org/serve-and-give/give/](http://rosevillelutheran.org/serve-and-give/give/) to submit your year-end gift. Or look for a Sow>Grow>Give envelope the next time you are in worship or near the office.

We are excited about the work Christ calls us to do in our changing community as we share God's love. Now, more than ever, we need his message of hope. Thank you for ALL the gifts you share!



CHECK OUT OUR WEBSITE  
[WWW.ROSEVILLELUTHERAN.ORG](http://www.rosevillelutheran.org)



# "ALL ABOUT THE BOOKS"

## FINANCE OFFICE

Laurel HOFELDT, DIRECTOR OF FINANCE & DATA

For 75 years, RLC members and friends have joyfully passed on faith by giving time, talent, and treasure to the ministry here. You have entrusted RLC to plant the seeds of faith within our children and community. Over 95% of our ministry is funded by your generous financial gifts. Thank you for your dedicated commitment!

Giving to our ministry plan is \$58,218 less than we had budgeted as of March 31, 2017. Total year-to-date expenses exceed receipts by \$38,353 at the end of the 3rd quarter of the fiscal year. The budgeted year-to-date deficit

is \$2,985, meaning we are \$35,369 below our expected position at the end of March. Monthly financial summaries are available online at [www.rosevillelutheran.org](http://www.rosevillelutheran.org).

Please prayerfully consider what the ministry of RLC means to you and your family and how you will continue to support the vision God has laid before us. To learn more about becoming a Sustainer, go to [rosevillelutheran.org/sustainer](http://rosevillelutheran.org/sustainer).

The 2015-16 Audited Financial Statements are now available! To request a copy please contact Laurel at [lhofeldt@rosevillelutheran.org](mailto:lhofeldt@rosevillelutheran.org).

## Roseville Lutheran Church

### March 2917 Month-End Financial Summary

Church Operations 2016-2017						Prior Year	
	Mar Actual	Mar Budget	YTD Actual	YTD Budget	YTD Variance	2016 Mar Actual	2015-2016 YTD Actual
Offering	117,779	126,020	1,081,824	1,140,041	-58,218	132,802	1,066,396
Other receipts	13,217	8,902	60,046	66,808	-6,762	11,761	77,858
<b>Total Receipts</b>	<b>130,995</b>	<b>134,922</b>	<b>1,141,869</b>	<b>1,206,849</b>	<b>-64,980</b>	<b>144,562</b>	<b>1,144,254</b>
Expenses	137,286	144,323	1,180,223	1,209,834	-29,611	131,732	1,105,185
<b>Net</b>	<b>-6,290</b>	<b>-9,401</b>	<b>-38,353</b>	<b>-2,985</b>	<b>-35,369</b>	<b>12,830</b>	<b>39,069</b>

Number of Givers 2016-2017				Prior Year		
	March		YTD through Mar		2015-16 YTD Thru Mar	
	# Givers	Avg Gift	# Givers	Avg Gift	# Givers	Avg Gift
General Fund	478	\$ 162	885	\$ 1,132	855	\$ 1,241
Bldg Designated	77	\$ 71	164	\$ 424	157	\$ 398
Sow>Grow>Give	9	\$ 171	9	\$ 171	n/a	n/a
Lent/Easter Offering**	117	\$ 58	120	\$ 58	354	\$ 103
FMSC	2	\$ 55	5	\$ 135	22	\$ 198
Other M&O	11	\$ 67	121	\$ 292	157	\$ 157
Memorials/Estate	2	\$ 63	64	\$ 2,481	90	\$ 968
Other Designated	50	\$ 50	255	\$ 221	260	\$ 181
EF/Love Lights	9	\$ 103	122	\$ 57	125	\$ 55
All Other	1	\$ 1,200	4	\$ 325	3	\$ 708
<b>Total</b>	<b>523</b>	<b>\$ 145</b>	<b>987</b>	<b>\$ 1,357</b>	<b>986</b>	<b>\$ 1,336</b>

\*\*Easter 2016 was in March; Easter 2017 & 2015 in April

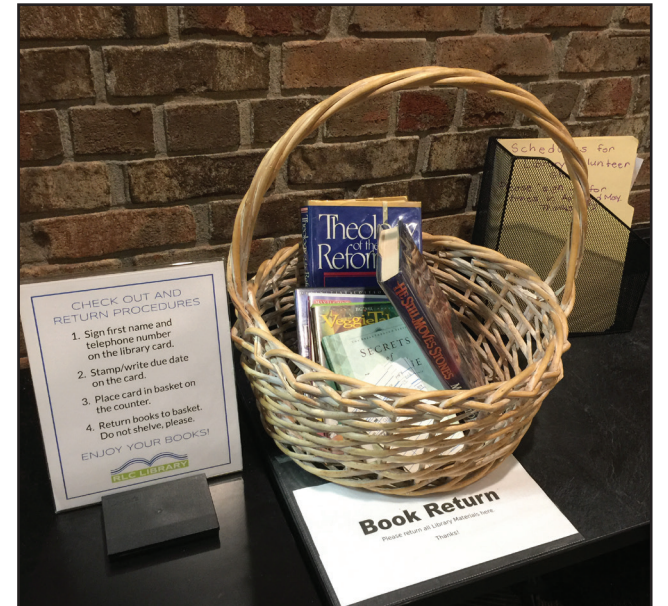
Fund Balances 03/31/2017	
<b>Available Cash &amp; Short-Term Investments</b>	<b>526,981</b>
<b>Designated/Restricted Funds:</b>	
Building Fund	88,355
Building Fees	26,047
Mission & Outreach	19,897
Kitchen Fund	52,903
Memorials	34,622
Estate Gifts	124,585
Matching Gifts	4,500
Other Funds	187,714
<b>Total Designated/Restricted</b>	<b>538,623</b>
<b>Child Care:</b>	Current Yr <b>24,920</b>
<b>Preschool:</b>	Current Yr <b>8,547</b>
<b>Operating Fund:</b>	Current Yr* <b>-38,353</b>

\*Cumulative Operating Fund Surplus as of 6/30/16 = \$4,767

Endowment Fund	
Cash	1,182
Investments	453,119
<b>Total</b>	<b>454,302</b>

## LIBRARY UPDATE

Sharon Boyce



The RLC Library is getting better and better, so if you have not checked it out as yet, please do so. We have received some new books which need to be cataloged and put the proper identifying labels on them so we can shelve them, so when they are ready we will have them on display first for you to see. We were given seven children's book in memory of a grandchild and the committee purchased three nonfiction/reference books with money given to us by the Rebecca Circle from RLC. We do thank you for the gifts of books or suggestions for books. Please feel free to suggest or ask about books that you may be interested in to add to our collection. We cannot buy all the books we would like but please know we do appreciate suggestions, especially if there is a section of our library that may not have books you are looking for. We like to consider all ideas that are presented to us.

Contact Sharon Boyce if you have some ideas or if you would like to be a part of the Library committee or would volunteer to be on the team to help keep the library in order. We can always use some extra hands to work with us on putting pockets on new books, labeling and putting books back on the shelf when they have been checked in. We have noticed that some of you are checking out books and that is a great thing as it shows us that you do use the library and we want you all to feel at home in doing just that!

You may contact Sharon Boyce at 651-636-5093 or email [mnsfboyce@aol.com](mailto:mnsfboyce@aol.com). Hope to hear from you!

# BECOME A SUSTAINER

## THANKS FOR your generous investment

Your regular online giving provides dependable funding that sustains the daily ministry of RLC even when you are away. Sign up today at [rosevillelutheran.org/sustainer](http://rosevillelutheran.org/sustainer), or contact the church office.

# M & O • DID YOU KNOW?

## HOSPITALITY CENTER FOR CHINESE FRIENDSHIP MEAL

On Saturday, April 15, the night before Easter, 150 friends gathered at the Hospitality Center for Chinese enjoying fellowship, supper and a program. Roseville Lutheran Church teamed with Prince of Peace for this time together. We shared a delicious meal, along with the many volunteers who prepared it.

We heartily thank all of those volunteers. It was a memorable night, sitting at dinner, having discussions while sharing our faith and hearing the Easter Story.



## SLOVAK PASTORS TO VISIT RLC

Sunday, July 16

Save the date of July 16 to hear our Slovak partners, Pastors Adrian and Natália Kacianová, preach the message during our 9:00 am and 11:00 am (*NEW Summer Schedule*) worship. Adrian and Natália and their 3 children will be in Minnesota for a few weeks this summer taking in some much needed R&R and promoting the Vision Slovakia ministry. Natália serves at the Lutheran Academy as the Children's Pastor and Staff Spiritual Director. Adrian serves as Associate Professor of Religious Studies at the University of Žilina. The Center of Christian Education in Martin, Slovakia is the managing organization for the Lutheran Academy and also partners with the University of Žilina.

Don't miss this opportunity to hear from our Slovak partners and chat with them up close and personal! Hear the amazing story of how Christian education thrives in a post-communist country.

## DID YOU KNOW: ATTENDING CHURCH IMPROVES HEALTH IN SENIORS

Staying healthy is a constant goal even as we start to head into our senior years. Retirement can be a great opportunity to focus on self, but can also lead to loneliness and depression. Without a career to work on, seniors can find that they lack a sense of purpose or goals to work towards in their future. Attending a place of worship can bridge that gap and help seniors find common interests to share with their church community.

The religious community can be one of the best sources of social support for seniors beyond their own families. Having a strong social network is tied to better overall health.

Seniors who attend church regularly develop ties within the church by connecting with a community of people through prayer, small groups, teaching and volunteer opportunities, and other social events orchestrated by the church.

These reliable and regular social connections have been found to renew the sense of purpose in a senior's life, which can stifle stress and add years to their life. Many churches cater to their elderly and offer many specific options for involvement, which make seniors feel needed and important to their church. Some of these opportunities include senior fitness classes and guest speakers who offer information on prescription drug safety, heart health, healthy eating, or legal issues.

Prayer itself can be a powerful coping mechanism for seniors. Disability, loss of loved ones, illness, and financial stress can all take a toll on a senior citizen's life and lead to depression or more health problems. Those seniors who regularly attend church and pray with and for others, cope better with negative situations when they arise. Their strong faith is something they use to give them hope to make it through the hard times. It promotes a positive attitude and outlook by teaching that there is hope for a better outcome. It can even keep seniors with health problems motivated to recover and get back into their church community.

The church community can also foster healthy habits and behaviors. Being close to more people means you have more people who care about you and are concerned with your well being. Regular church-going seniors tend to struggle less with drinking, smoking, recreational drug use, and dangerous behavior than those who do not attend church. Churches are also always ready to respond to the needs of their members and their community. If a senior citizen is sick or in need of help, there is likely always someone to organize assistance for whatever the need might be. Collections can be made for financial issues, food is cooked and delivered to those in need, and visits are arranged when people are in the hospital or stuck at home. The religious community is one that will definitely take care of their own and anyone else that they can. Seniors can depend on them and that feeling of security can help alleviate stress and anxiety to lead to better health.

Involvement in the church community can give seniors a much needed social connection, a positive life perception, and a purpose in retirement. These benefits directly affect health by lowering stress levels, lowering blood pressure, and encouraging a healthy mentality. Going to church is good for you!

*Guest article, submitted by Jason Lewis, strongwell.org.*



Read more stories online:  
[rosevillelutheran.org/stories](http://rosevillelutheran.org/stories)

# MISSION and OUTREACH

## OUR NEIGHBORS AND ME

RLC MISSION and OUTREACH SUBCOMMITTEE

Our Roseville community was touched by tragedy last July when Philando Castille was killed near Larpenteur and Snelling right in our church's neighborhood. This event shook our neighborhood to its core and the Sunday morning after it took place Alice and Leon Neve and Dot Probst talked about it in the Commons, and decided to continue their conversation the next Sunday morning. Dot emailed her RLC friends the following week, and 11 church members met in the Lounge for an ad hoc discussion of the changing nature of our Roseville area. We shared about our neighborhood's evolving racial makeup, rising poverty rates, growing hunger, the challenges in the schools, and our local government's interaction with these issues. We continued to meet for 5 more weeks, and many members came to these ad hoc gatherings to share their thoughts and their concerns about our Roseville neighborhood and its dynamic changes, many of which we were unaware.

The name of the ad hoc group became "Our Neighbors and Me" and Marilyn Shardlow joined Alice and Dot, forming a steering committee that sought an outworking of our next steps forward for such a large group of concerned RLC members.

The steering committee continued its work, we gained pastoral and Council support, and we became a subcommittee of the RLC Mission

and Outreach Team. We decided to form book discussion groups and selected an anthology, *A Good Time for the Truth, Race in Minnesota*, a collection of stories written by local Twin Cities authors of various races and differing life experiences within our community. Elaine Sime and Pastor Dick Carlson joined the leadership team, and thirty RLC members signed up for the 3 book groups. In the groups we learned about and discussed many things, including our unconscious "white privilege" that distorts our perceptions and our relationships, our "microaggression" towards people of color, and also about the hurtful impact "Minnesota Nice" may have on people of color. We were all positively and deeply affected by the readings and each other's sharing on the themes of the book and our own life experiences. Our awareness of the need for racial justice was aroused.

During the steering committee's initial planning process we felt the need for a group activity for those in book groups and also for those people who could not attend the book groups. We designed a Saturday morning retreat called "Racial Justice in Our Community" that took place in early March. "How to enlarge our understanding of Jesus's message of peace and hope, and how that can inform our actions, thoughts and beliefs in a world increasingly torn by racial strife" was the theme of the morning. We invited local racial justice expert Reverend Dr. Karen McKinney, a local pastor and a professor at Bethel University, to facilitate. Fifty people attended, including some from other local churches. We learned about the different worldviews created by racism, and that those views depend upon whether one is given privilege by it or is discriminated upon by it. We also participated in an experiential exercise, "The Race," which was a powerful experience that resulted in separating each one of us by our social, economic, gender, and racial status, personally exposing us to the effects of discrimination. There were many affirmative comments about the day's events, and people were deeply impacted by the retreat.

Book group and retreat participants want to continue the momentum created this spring by Our Neighbors and Me, and at this time the group's leadership team has several speakers on racial justice, racial reconciliation, and on the changing demographics of Roseville planned during July's 10:10 Adult Ed hours. We are also planning to repeat the *A Good Time for the Truth* book group study in the fall. Future events will be planned as RLC moves along in our journey together.

Here is our schedule of speakers for the 10:10 hour in July:

- **July 9:** Differences Make a Difference, But Don't Have to Divide. Collette Campbell of Working Better Together, and Johnathan Stuart, Fulbright Scholar, Falcon Heights residents.
- **July 16:** Roseville Then and Now. Jake Von De Linde, Assistant Director of Teaching and Learning at Roseville Area Schools and RLC member.
- **July 23:** Inaccessible Neighbors. Don Samuels, CEO of MicroGrants, former Minneapolis City Council Member.
- **July 30:** Being Allies of Racial Justice. Reverend Dr. Karen McKinney, Associate Professor of Biblical Studies and Community Liaison for the Office of Diversity at Bethel University.



## THANKS (MORE THAN) A MILLION!



FEED MY STARVING CHILDREN  
MOBILEPACK EVENT EXCEEDS  
INCREASED GOAL!

Who knew volunteering could be so much fun, and make such a difference in the lives of kids and the communities where they live?! May 1-5 over 300 Roseville Lutheran friends and family participated in packing meals with Incarnation Lutheran. This is the third year of this amazing partnership. Thanks to you, we met the RLC goal of raising \$22,000, which provides 100,000 meals, or enough food to feed 364 kids for a year.



The original combined goal for this MobilePack Event (RLC and Incarnation) was 750,000 meals. FMSC approached the organizing committee and asked us to increase the goal to 1 million meals! There is urgent need for these meals because of the drought and war in Somalia, Syria and Nigeria.

With your support and help, not only did we pack ONE MILLION MEALS, we finished the week packing 1,104,192 meals, enough to feed 3,025 kids for a year! Your hands and heart are making a difference in the fight to end world hunger.

A promising statistic from World Health Organization states that progress has been made to decrease severe malnutrition worldwide thru organizations like FMSC. Your support is making that happen. Thanks (more than) a Million!

## DO YOU HAVE A STORY TO SHARE?

If you have a story you'd like to share with the RLC community, contact Daniel at 651-487-7752 or dpederson@rosevillelutheran.org. We are looking for stories about events at RLC, stories about your faith journey at RLC, and what being involved with the Roseville Lutheran community means to you. These can be short, 3-sentence write-ups, a longer piece, or a conversation that has many parts.

# ADULT EDUCATION

## ROOTED IN GRACE - GROWING IN FAITH

*As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.*

- Colossians 2:6-9

### Summer Psalms Return 10:10 am Sundays in June

In June our 10:10 Faith and Fellowship hour will once again focus on Psalms. The Book of Psalms is a compilation of 150 pieces of literature that people of God have embraced for thousands of years. This summer RLC members will share their favorites and we will have the opportunity to discuss our thoughts and ideas with others. Psalms of lament, thanksgiving and praise will be our textbook. All sessions will meet in Room 40. The schedule is:

- June 4 Psalm 55**  
Abby Matter
- June 11 Psalm 51**  
Renie Lellelid
- June 18 Psalm 23**  
Georgia Nygaard
- June 25 Psalm 40**  
Linda Eldred

### Our Neighbors and Me



The RLC *Our Neighbor and Me* committee has scheduled four sessions in July. They will meet during the 10:10 hour in Room 40.

### July 9 - Collette Campbell, Jonathan Stuart: *Differences Make a Difference, But Don't Have to Divide.*

Collette Campbell and Jonathan Stuart are part of Working Better2Gether, an organizational consulting firm. The couple also live next door to Pastor Dick Carlson in Falcon Heights, and work together with him in their California Avenue neighborhood group.

Collette Campbell is the founder of Working Better2gether. She is passionate about personal and organizational development and holds degrees in Religious Education, Counseling, Management and Leadership and Human Development. She is a qualified neutral under the Minnesota Supreme Court and received her mediation training at Hamline Law School. Collette assists organizations with workplace conflict resolution.



Jonathan Stuart specializes in writing and teaching for business and educational purposes. He has experience working in both South Korea and South Africa, Guatemala and in the Twin Cities his clients include the City of Minneapolis, American Public Media, Habitat for Humanity, and the MSP International Airport. Dr. Stuart is also a Fulbright Scholar and offers both workplace mediation and meeting facilitation services. He holds an M.A. in Human Resource Development & Adult Education and a PhD in Organizational Leadership both from the University of Minnesota.



RLC has meant much to them over the years as their children have participated in Nursery School, VBS and Summer Programs.

They are involved in leading a year-long racial justice focus at Plymouth Congregational Church in Minneapolis. They are wonderful neighbors of Pastor Dick Carlson's and people of deep Christian faith, committed to the living out of the Gospel.

### July 16 - Jake Von De Linde: *Roseville Then and Now.*

Jake Von De Linde is a member of the Roseville Lutheran Church Council, and serves as the Assistant Director of Teaching and Learning with the Roseville Area Public Schools. In this capacity with the district, he oversees K-12 district curriculum and assessment data.



Jake's discussion, *Roseville Then and Now*, will explore the rapidly changing demographics in the Roseville area and how our members can embrace the changes within our community.

### July 23 - Don Samuels: *Inaccessible Neighbors*

Don Samuels is the CEO of MicroGrants, an MDiv. Graduate of Luther Theological Seminary, a grassroots community leader, and former Minneapolis City Council Member.



In our society, social design and urban planning have separated ethnic and racial groups into geographic areas almost inaccessible to one another. It is difficult to build relationships with people who are different from us.

With years of community and organizing work in the Twin Cities, Don brings a note of hope to us as he looks at this often painful and difficult subject through the eyes of the Gospel. You will be inspired when you leave this presentation!

### July 30 - Karen McKinney: *Being a Racial Ally.*

Reverend Dr. Karen McKinney is an Associate Professor of Biblical Studies and Community Liaison for the Office of Diversity at Bethel University.

In this session we will explore what it means to be an ally to people of other races. What is a racial ally? Am I one if I declare myself so? What practices do allies do? What does scripture say about this topic? Learn the answer to these and other questions about how to be a racial ally. Dr. McKinney led our successful and enlightening March "Racial Justice" retreat here at RLC, and we look forward to her forward looking perspectives during this presentation.



ROSEVILLE LUTHERAN CHURCH

save the date!  
sunday, nov. 19

**RLC 75th Anniversary  
Gala Celebration Worship,  
Fellowship and Food!  
ONE WORSHIP  
SERVICE AT 10:00 AM  
SUNDAY, NOV. 19, 2017**

- CELEBRATE THE DECADES:**
- 1940's • Sept. 30 - Oct. 1
  - 1950's • October 7-8
  - 1960's • October 14-15
  - 1970's • October 21-22
  - 1980's • October 28-29
  - 1990's • November 4-5
  - 2000's • November 11-12
  - 2010's • November 19